



## All Day Menu from 12.30pm – 9.15pm

### Starters

#### **Plant based soup of the Day €7.00 \***

Soup made from Locally Sourced Vegetables and Stock Made from Vegetable trimmings, served with Artisan Bread (Contains Allergens 6-wheat, 12)

#### **Spicy Chicken Wings \* portion (12 pieces) €8.00 large portion (20 pieces) €12.00**

Crispy wings served with Cashel Blue cheese dip, celery (Contains Allergens 7, 11, 12, 13)

#### **Marinated Chicken Salad Starter €12.00 Main Course €15.00**

Garlic and Parmesan Vienna Bread Crotons, Fresh Anchovy Dressing, shaved 18 Month Matured Black Parmesan cheese, (Allergens: 2, Anchovies 6,7,8 &13)

#### **BBQ Ribs €10**

Slow cooked baby back ribs, glazed with chicory BBQ sauce, served with herbed potato salad (Contains allergens: 7,8,12,13)

#### **Fish cake €7.50**

Golden fried fishcakes served with Petit Salad, Pickled Cucumber ribbons and sweet Chilli Dip (Contains allergens: 3 salmon, 3 hake, 3 haddock, 6 wheat, 6 oats ,7, 11, 13)

### Mains

#### **Roast of the Day €15**

Served with Mashed potatoes and Seasonal vegetables with Pan Gravy (Allergens 7-Milk,12)

#### **Traditional Irish Fish and Chips €17.00**

Irish Haddock Fillets in a Light Tempura Batter Made with Irish Spring Water. Served with Our Sauce Gribiche, Made with Irish Eggs and Finished with a Zesty Lemon Wedge (Contains Allergens 3-Haddock,6-wheat,7,11,12,13)

#### **Certified Irish Black Angus Burger €17.00**

Hand minced in Galway by Heaney Craft Butchers. Certified Irish Black Angus Burger, Toasted Brioche Bun with Mustard Mayo. Irish Bacon and Aged Cheddar Cheese Served with Handmade Tomato Relish from the Scullery in Co Tipperary. Add an egg €1.00 (Contains Allergens 6-wheat,7,11,13)

#### **Goan Style Coconut Curry with Potato, Pea and Spinach €16.00**

Garlic and Ginger Based Curry Sauce, Mildly Spiced with Gran Masala, Cumin, Turmeric, served with Basmati Rice, Grilled Bread (**Add Protein Chicken or Seafood €4.00**) (Contains Allergens 6-wheat)



**Steak Sandwich €17.00**

5oz Irish Sirloin Steak in Ciabatta Bread, Horseradish Mayo, Sautéed Onions and Mushrooms served with Skinny Fries and Peppercorn sauce (Contains allergens: 6 wheat ,7, 11,)

**Pappardelle pasta with grilled Mediterranean vegetables tossed in creamy tomato sauce €13.00**

**(Add Protein Chicken or Seafood €4.00)**

Topped with Parmesan Shavings and served with garlic bread (Contains allergens:6 wheat, 7,11,12)

**Desserts**

**Selection of Glenown Ice-cream €5.50 \***

Strawberry, Vanilla, Chocolate, Pistachio (Allergens: 7, 11)

**Apple Tart €6.50**

Warm Apple Tart, vanilla ice cream, cinnamon cream anglaise (contains allergens: 6 wheat, 7, 11)

**Salted Caramel Chocolate Brownie €6.50**

With Chantilly cream and Pistachio Ice cream (Contains allergens: 6 wheat, 7, 11)

**Profiterole Tower €6.50**

Clotted Cream, Rich Chocolate Sauce and Raspberry Coulis (contains allergens: 6 wheat, 7, 11)

**ALLERGEN INDEX** No. 1 & 2 Shellfish No. 3 Fish No. 4 Peanuts No. 5 Nuts No. 6 Cereals containing gluten No. 7 Milk / Milk product No. 8 Soya No. 9 Sulphur dioxide No. 10 Sesame seeds No. 11 Egg No. 12 Celery and celeriac No. 13 Mustard No. 14 Lupin