

Essence Spa

CLAYTON HOTEL CORK CITY



CLAYTON
HOTELS

FACIAL CARE

LE GRANDE CLASSIQUE

60 min

€80

Deep pore cleansing, healing and relaxing facial

One of the most elaborate and complete facials. This facial leaves you with clean, perfectly balanced skin and a radiant complexion whilst you experience optimum relaxation.

HYDRALESSENCE VISAGE

60 min

€80

Long-lasting, deep hydrating facial

This high performance, deep hydrating facial will revive the most dehydrated complexions. Luxuriate in the warmth of healing hands while your skin is bathed in a moisture surge of oils, creams and elixirs containing fruit extracts and green tea.

ESSENTIAL WHITE

60 min

€85

Complexion Brightening

Brightening, tightening effect of the skin and dark spot corrector treatment and also unify and brighten the complexion. Stress induced ageing is halted and the complexion is left radiant.

TIME RESIST

60 min

€85

Line prevention

Smoothing & restructuring anti-wrinkle stem cell treatment. Expertised anti-aging facial. This facial offers a New Generation Anti-Aging treatment from Yon-Ka Paris. It combines specialised manual techniques and a potent "YOUTH ACTIVATING" formula to resist aging.

EXCELLENCE CODE

60 min

€90

Global anti-aging treatment

Global youth facial, exceptional anti-aging care, high performance, results driven treatment resulting in turning back time, a truly holistic treatment for an ultimate well-being.



ESCALE BEAUTE MINI FACIAL

30 min

€50

Beauty break

Take time out and treat yourself to a beauty break. The scents of citrus fruits and essential oils re-energise and stimulate while botanical extracts reveal a soft and soothed complexion.

ECLAT CONTOUR

(This treatment may not be booked on its own. It can only be added to a facial of your choice)

30 min

€40

Eye contour treatment

This treatment targets wrinkles, puffiness and dark circles. It provides you with the ultimate tool to preserve the fragile beauty of the eyes. Wrinkles and lines are smoothed away. Recommended as an intensive course of treatments for optimum results.



AROMA FUSION BODY CARE

ESSENCE BACK, NECK AND SHOULDER MASSAGE

30 min

€50

Stress reliever

This massage is perfect for taking away daily aches and pains in your back, neck and shoulder area and it can be adapted to suit your specific requirements. The perfect way to unwind.

AROMA LUXE FULL BODY MASSAGE

60 min

€80

Aromatic massage – energising or relaxing

For one hour you will be massaged with essential oils including lavender, basil and verbena leaving you feeling energised or relaxed according to your individual needs.

DEEP TISSUE MASSAGE

30 or 60 min

€55 / €90

Designed for athletes who experience muscle fatigue, spasms, tightness and pain. It targets specific areas on the body that need attention to foster rapid recovery of sports injuries.

It also improves blood circulation and lymphatic movements.

AROMA FUSION BODY CARE

ESSENCE AROMA HOT STONE MASSAGE

30 or 60 min

€55 / 90

Relaxing Hot Stone Treatment

Using hot basalt lava stones with traditional massage promises to alleviate and ease stress and tension whilst inducing a deep state of relaxation.

YONKA BODY EXFOLIATION

50 min

€75

Removal of skin impurities & dead skin cells, revealing skin's radiance

Choose from:

Gommage Douceur - gentle powders grade 1 powder

Gommage Gourmand - medium sugar grade 2 sugar

Gommage Marin - intense salt grade 3



YON-KA PREGNANCY

70 min

€90

(This treatment can ONLY be done after the first trimester of pregnancy). A pampering duo of treatments to help prevent stretch marks and revive tired spirits. Gentle exfoliation followed by hydrating nourishing massage and a cool, refreshing leg compress.

ESSENCE HYDROTHERAPY BATH

30 min

€40

Relax in millions of air and water whirls while inhaling your chosen bath blend. This bath soak will relieve you from any muscle aches or pains and improve blood circulation. Choose from a relaxing plant based aroma of essential oils or seaweed based detoxifying bath to help remove toxins and fluid retention.

Relaxing Yon-Ka Phyto Bain Oil **or** Balneo SEL Seaweed Salts.



CHOOSE YOUR TREATMENT OIL

Choose one of these four oils for your treatment

DETOX

With this lavender blue range, each product is richly concentrated in essential oils of lavender and everlasting, iconic plants of Provence, renew yourself with a total body detoxifying treatment.

TONING

Oxygenate and tone the whole body! Thanks to the essential oils of Cedar, Cypress and Rosemary, known for their liposvelt properties, you will love remodeling your figure. With its tree top green package, you will feel transported to a forest.

RELAX

Head off to Polynesia with its Tiare flower and jasmine fragrances, a relaxing line. It holds the promise of a well deserved break from our busy lives.

VITALITY

Boost your vitality, balance and eliminate stress with this vibrant line enriched with essential oils of mandarin and sweet orange. Its fragrances reminiscent of Corsica..an invitation to well being.



BODY MAINTENANCE

| | |
|---|-----|
| Full leg wax | €35 |
| Half leg wax | €20 |
| Bikini wax | €15 |
| High cut bikini wax..... | €20 |
| Full leg and bikini wax..... | €50 |
| Underarm wax..... | €14 |
| Abdomen | €20 |
| Chest..... | €25 |
| Full back | €30 |
| Side of face | €15 |
| Lip or chin wax..... | €10 |
| Eyebrow wax..... | €10 |
| Eyelash tint..... | €15 |
| Eyebrow tint..... | €10 |
| Eyebrow wax and eyebrow tint..... | €15 |
| Eyebrow wax, tint and eyelash tint..... | €25 |

A 24 hour patch test is required for all tinting.



MENS CARE

SKIN FITNESS

60 min

€80

Deep pore cleansing treatment

This purifying treatment promises to hydrate, brighten and balance the skin. A truly relaxing aromatic facial massage and moisture quenching mask leaves the skin smooth and energised.

MENS EXPRESS FACIAL

30 min

€50

Healthy glow treatment

Rejuvenates tired, dull skin and replenishes lost moisture. Leaves a bright and revitalised complexion This tailored treatment is perfect for the men on the go.

DEEP TISSUE MASSAGE

30 or 60 min

€55 / 90

Designed for athletes who experience muscle fatigue, spasms, tightness and pain. It targets specific areas on the body that needs attention to foster rapid recovery of sports injuries. It also improves blood circulation and lymphatic movements.



FULL BODY MASSAGE

60 min

€80

For one hour you will be massaged with essential oils of lavender, basil and verbena, leaving you feeling energised or relaxed according to your individual needs.

JAMBES TONIQUES

40 min

€65

Anti-fatigue leg treatment

Ultimate remedy for excess fluid, heavy or tired legs. This treatment stimulates surface circulation and leaves your legs feeling wonderfully light and refreshed in just 30 min.



GENERAL INFORMATION

All our treatments are suitable for both men and women. Treatments are only available to young adults of 16 years and over.

ETIQUETTE

In order to ensure the ultimate relaxation experience for you and others we would ask clients to switch off mobile phones. Lockers, robes and slippers are provided for spa guest use.

RESERVATIONS

We recommend you make an appointment at least one week in advance, in order to avail of your preferred date and time. All treatments are subject to availability. To secure your booking we require your credit card details. We do not accept voucher numbers as confirmation so credit card details are required.

CANCELLATION POLICY

If you must cancel, please notify us 24 hours in advance to avoid being charged 50% of the total value of your treatment. No show for your appointments will incur a 100% charge. Changes or amendments to a booking or a group booking need to be made up to 24 hours in advance to avoid any cancellation policy charges.

GIFT VOUCHERS

Gift vouchers are available for purchase and can be redeemed against both treatments and products.

HEALTH & SAFETY

It is important that you inform us if you have any health conditions you may have or if you are pregnant. You may need to consult a doctor regarding your suitability for receiving treatments.

ARRIVAL

We ask all clients to arrive 15 minutes before their appointment to allow time to complete a short consultation form, which advises us of any medical conditions you may have. This remains confidential and is for your own safety. If you are using the swimming pool, sauna, or steam room, it is advised to do so before your treatments, not after. Please arrive at least 45 minutes prior to your treatment time if you want to use the facilities.

LATE ARRIVALS

In the event that you are running late, we will endeavour to conduct your full treatment. However, please note that the treatment may need to be shortened should there be another booking immediately afterwards.

VALUABLES

Lockers are available for spa guests in the changing rooms. The management accepts no responsibility for valuables.

LEISURE CENTRE FACILITIES

Our facilities include, sauna, steamroom, jacuzzi and swimming pool which are available with some packages. Day passes for access cost €12.

O·P·I
AT THE CLAYTON HOTELS

YON
KA
PARIS

All treatments can now be booked online
at clubvitae.com using the spa booking tab



CLAYTON
HOTELS

clubvitae

CLAYTON HOTEL CORK CITY

Find us on the lower ground floor (-1) at Club Vitae Reception

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